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13d. Rehabilitative Services (continued)

reimbursable only when provided in accordance with a treatment plan approved by a licensed physician or other licensed practitioner of the healing arts, excluding crisis intervention services, which may be recommended by the mental health professional or physician on duty during the crisis. Clients must be eligible for the EPSDT Program.

A. Clinician's Services

Clinical community diagnostic and treatment services refer to services rendered to eligible recipients with mental or emotional disorders. Services include, but are not limited to, assessment and evaluation; psychological and neuropsychological assessment and evaluation; individual, and group therapy, medication treatment and review. With the exception of medication treatment and review, clinician's services do not include those services that are part of another community mental health service, such as psychiatric rehabilitation program components, crisis intervention services, or services defined as case management under the case management option of the state plan.

Eliqible Clients

Services are available to Medical Assistance eligible individuals who:

- a) Are eligible for the early, periodic screening, diagnosis and treatment (EPSDT) program, and;
- b) are emotionally or behaviorally disturbed as determined by the service provider and confirmed by the Department of Children and Their Families; or solely as determined by the Department of Children and Their Families.

B. Crisis Intervention Services

Short term intervention emergency mental health services, available on a twenty-four hour basis, seven days a week. These services shall include but are not limited to, assessment evaluation, counseling and other ancillary services determined necessary; family and group therapy; medical treatment, including and prescribing and administering medications, and intervention at the site of the crisis when clinically appropriate.

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13d. Rehabilitative Services (continued)

C. Psychiatric Rehabilitation Day Program:

Covered Services Include:

- i. Medication Program: a program providing for the prescription and administration of medication for the purpose of mitigating or eliminating symptoms of emotional disturbances.
- ii. The Structured Therapeutic Program: a program that may include any or all of the following as determined to be medically necessary by inclusion in the child's individual treatment plan as approved by a physician or other licensed practitioner of the healing arts: occupational therapy: development and maintenance of the necessary community and daily living skills including grooming, personal hygiene, cooking, nutrition, health and mental education, money management and maintenance of the living environment; development of the appropriate personal support networks; structured socialization activities to diminish tendencies towards isolation and withdrawal; development of the basic language skills necessary to enable the child to function independently; training in appropriate use of community services; physical therapy; expressive therapy.

Limitations

The providing agency must be approved by the Department of Children, Youth and Their Families and all services must be approved or provided in accordance with the procedure and limitations established by contract with the Department of Children, Youth and Their Families.

D. <u>Comprehensive Emergency Services</u>

Comprehensive Emergency Services are designed to provide the necessary support and treatment to a child or adolescent and family (substitute or natural) on a twenty-four hour basis to allow the family to remain intact thus preventing the need for more intensive means of intervention such as residential or hospital care on the part of the young person. Services include but are not limited to, assessment and evaluation; family therapy; individual counseling; group therapy; medical treatment; recreational activities; interaction with schools,

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13d. Rehabilitative Services (continued)

child welfare agencies, juvenile justice, local police, other systems effecting youth as outlined per the treatment plan. Service is rendered in the natural environment of the youth and family, as well as in office settings. Frequency of contact is determined by the level of need exhibited by the child and family. The delivery of services are short-term whereby the duration shall not exceed a sixty day period unless authorized by the Department of Children, Youth and Their Families.

Limitations

Limited to Comprehensive Emergency Services (CES) provided by those agencies under contract with and licensed by the Rhode Island Department of Children, Youth and Their Families.

E. Early Start-Therapeutic Remedial Treatment Program

This consists of the provision of an intensive supervised treatment program for children who exhibit social and/or emotional disturbances. Services are designed to provide the necessary medical, psychological and developmental support services required to address the special needs of the child. Administered by a master's level clinician, treatment is based upon an approved individual treatment plan approved by a licensed physician or other licensed practitioner of the healing arts. The focus is on remedial mental health services to the child and the family in order to minimize the need for more intensive services and reduce the incidences of mental disabilities that develop.

Limitations

Limited to early intervention treatment programs under contract with and licensed by the Rhode Island Department of Children, Youth and Their Families.

F. Residential Treatment Programs

These programs consist of the provision of a twenty-four hour supervised treatment program that is designed to provide the necessary support and address the special needs of a child or adolescent to either prevent or minimize the need for long-term residential or hospital psychiatric care on the part of the young person. Services include, but are not limited to assessment and evaluation, family therapy, medical treatment, intervention with schools, recreational activities, individual counseling and psychotherapy, group therapy, and intervention

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13d. Rehabilitative Services (continued)

with child welfare, juvenile justice, local police and other systems effecting youth.

Limitations

- a) Limited to residential treatment programs designated as alternative living programs or residential counseling programs under contract with and licensed by the Rhode Island Department of Children, Youth, and Their Families.
- b) Payments made for these services under this option will not include payment for Room and Board or Case Management services.

6. EARLY INTERVENTION SERVICES

Early Intervention services are designed to serve children younger than three years of age who are experiencing developmental delays in one or more of the following areas: cognitive, physical, communicative, social/emotional or adaptive development skills. Services include, but are not limited to, developmental evaluation and monitoring, psychological services, speech therapy, occupational therapy, speech and language therapy, counseling and anticipatory guidance.

Limitations

Limited to Early Intervention Programs licensed and funded by the Rhode Island Department of Health in accordance with established State regulations.

7. HEAD START SERVICES

Head Start Services are covered evaluation and treatment services, which are designed to foster and enhance the physical, emotional and intellectual development of high risk children.

8. ADULT MEDICAL DAY CARE SERVICES

Adult Medical Day Care Services are provided to assists individuals, who because of several disability related to age or chronic illness, encounter special problems resulting in physical and/or social isolation detrimental to the individual's wellbeing, or require close monitoring and supervision for health reasons.



13d. Rehabilitative Services (continued)

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9. LEAD INVESTIGATIONS

Lead investigations include services designed to determine the source of the lead in children with elevated lead levels as determined by the R.I. Department of Health.

10. TRAUMATIC BRAIN INJURY SERVICES

Traumatic Brain Injury services refer to rehabilitative residential treatment provided to individuals eligible for Medical Assistance who had a severe brain injury who are unable to live in the community due to severe behavioral and/or cognitive dysfunction as the result of the brain injury, and for whom no other appropriate placement within Rhode Island is available. Room and board is not covered as part of these services.

Rehabilitative residential treatment is provided in a 24 hour therapeutic residential program that offers group and individual treatment. This treatment includes, but is not limited to training and reinforcement of Activities of Daily Living (ADLs), Medication Management Training, Case Management, Behavioral, Cognitive, Physical, Occupational, and/or Speech Therapy as warranted by the individual plan of care.

Limitations

- a) All Traumatic Brain Injury Services must be priorauthorized.
- b) Limited to residential treatment facilities with the following qualifications:
 - Licensure as a Residential Treatment Facility by the licensing authority in the State in which it is located;
 - Current accreditation by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO);
 - Current accreditation by the Commission on Accreditation of Rehabilitation Facilities (CARF).



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13d. Rehabilitative Services (continued)

10. TRAUMATIC BRAIN INJURY SERVICES

Traumatic Brain Injury services refer to rehabilitative residential treatment provided to individuals eligible for Medical Assistance who had a severe brain injury who are unable to live in the community due to severe behavioral and/or cognitive dysfunction as the result of the brain injury, and for whom no other appropriate placement within Rhode Island is available. Room and board is not covered as part of these services.

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Limitations

- a) All Traumatic Brain Injury Services must be priorauthorized.
- b) Limited to residential treatment facilities with the following qualifications:
 - Licensure as a Residential Treatment Facility by the licensing authority in the State in which it is located;
 - Current accreditation by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO);
 - Current accreditation by the Commission on Accreditation of Rehabilitation Facilities (CARF).

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UFFICIAL

17. Nurse - Midwife Services

As provided for in the Rules and Regulations of the State of Rhode Island for the licensing of midwives.

18. Hospice Care Services

Limited to a lifetime maximum of 210 days.

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TN No. 88-12 Supercedes TN No. 86-17

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LIMITATIONS

Certified Pediatric or Family Nurse Practitioners

Limitations same as for physicans' services. See Supplement to page 2 of Attachment 3.1-B.

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No. 92-02 persedes TN No. NEW Approval Date_

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Effective Date 7/1/92

19. Case Management Services

DEFINITION OF CASE MANAGEMENT:

Case Management refers to services provided by professional mental health staff for the purpose of monitoring and assisting clients in their over-all life situations including gaining access to needed medical, social, educational and other services necessary to meeting basic human needs. These services may include, but are not necessarily limited to:

- maintaining up-to-date assessments and evaluations necessary for establishing eligibility for services;
- participating in the treatment planning process and monitoring client progress in meeting the goals and objectives of the plan;
- locating, coordinating and monitoring all necessary medical, educational, vocational, social and psychiatric services;
- assisting in development and execution of a plan for assuring income maintenance;
- assisting in development of appropriate social networks;
- assistance with other activities necessary to maintain psychiatric stability in a community-based setting.

TARGET GROUP 1

The "target" group for this amendment shall be severely mentally disabled persons who:

- are receiving community based services from providers of mental health services in the State of Rhode Island which are licensed by the Department of MHRH, provide services under contract to the Department of Mental Health and in accordance with the Rules, Regulations and Standards for Licensing of Mental Health Facilities and Programs and;
- are eligible for Title XIX Medical Assistance Coverage either as categorically eligible or as medically needy only;
- with a severe and/or persistent mental or emotional disorder that seriously impairs their functioning relative to such primary aspects of daily living as personal relations, living arrangements or employment and;

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19. Case Management Services (continued)

- suffer a severe disability resulting from mental illness as evidenced by a) having undergone psychiatric treatment more intensive than outpatient care more than once in a lifetime (e.g. emergency services, alternative home care, partial or inpatient hospitalization, etc.) OR b) having experienced a single episode of continuous, structured supportive residential care other than hospitalization for a duration of a least two months and;
- suffer impaired role functioning as evidence by their meeting at least one of the following 4 criteria, on a continuing or intermittent basis, for at least two years.
 - If employed, is employed in a sheltered setting or has markedly limited skills or a poor work history.
 - 2. Shows inability to establish or maintain a personal social support system.
 - 3. Required help in basic living skills.
 - 4. Exhibits inappropriate social behavior which results in demand for intervention by the mental health and/or judicial system.

EDUCATIONAL/PROFESSIONAL QUALIFICATION OF PROVIDERS:

The overall case management program at each provider agency must be directed by a qualified mental health professional as defined in the Rhode Island General Laws or by a person possessing equivalent experience in working with the chronically mentally ill in community settings. Each staff member providing case management services must be a mental health professional with at least an Associate's Degree in the social sciences or equivalent experience or a combination thereof and must receive specialized training including a complete orientation to other community services/agencies in Rhode Island as well as meeting all other requirements specified in the Rules, Regulations and Standards for Licensing of Community Mental Health Facilities and Programs. This training must be documented in their personnel records.

STATEWIDENESS:

This service shall be available on a state-wide basis.

ASSURANCES:

1. The state assures that payments made for targeted case management services will not duplicate payments made to public agencies or

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